

WashU Med COVID-19 Update

May 6, 2020

Information for School of Medicine faculty, staff and students

Today's COVID-19 stats from BJH

81 inpatients confirmed positive **33** admitted, awaiting test results

On the Front Lines with critical care physician



In a new video series called [On the Front Lines](#), WashU Med's front-line health-care workers, scientists and students tell us how they and their colleagues have responded to the coronavirus pandemic. In the first installment, Tiffany Osborn, MD, professor of surgery and emergency medicine, outlines what critical care looks like during the COVID-19 pandemic, what's changed and how she and her co-workers stay motivated.

National Nurses Week takes on new meaning in 2020

To all our nurses, more than ever, we are grateful for your hard work and sacrifice to keep us safe during the COVID-19 pandemic. Today, May 6, kicks off National Nurses Week, which ends May 12, the birthday of Florence Nightingale. This year

marks the 200th anniversary of Nightingale's birth in 1820.

Thank you

to our incredible nurses for everything you do to keep our community healthy and safe, today and every day.

Happy Nurses Week!

How long does a disinfectant need to stay on a surface to kill germs?

WashU pediatric infectious disease specialist Andrew Janowski, MD, discusses how long household cleaners should stay on a surface to effectively kill germs in a Q&A appearing in today's The New York Times. Janowski said people should [let the disinfectant stay on the surface far longer than they think](#). "The longer you can let it be in contact, the better," he said. "What I've been doing at home: I wait roughly a minute if I'm applying a spray product and then wiping."

How to prevent your glasses from fogging up while wearing a face mask



1 Wash hands with soap and water



2 Wet glasses; lather soap on the lenses



3 Rinse and shake off excess water from glasses



4 Air dry or gently dry with clean cloth

It's a common problem: Wearing a face mask can make your eyeglasses fog up. Here's some advice to help avoid that problem. The tips come from two doctors and are published in the journal [Annals of the Royal College of Surgeons of England](#).

Be a team player: Wear a mask, with a smile underneath



For your safety and the safety of everyone on campus, all employees now are required to wear masks while on the Medical Campus. The new policy, which follows guidelines from the Centers for Disease Control and Prevention, is designed to protect against asymptomatic transmission.

You can use a homemade mask or pick one up this week at one of two screening

stations:

- The BJC Institute of Health ground-level entrance
- The Mid Campus Center first floor lobby

Be sure to wash masks before first use and after every subsequent use. If you are using the WUSM-provided mask, hand-wash. Wash your hands before putting on the mask and after taking it off.

Please also be courteous to colleagues working at the employee screening locations. They are there for everyone's safety.

Important numbers and links

- Call the BJC/WUSM employee hotline for COVID-19 exposure or illness: 314-362-5056
- Use this [online screening tool](#) before reporting to work
- Review [inpatient protocol](#)
- Review [ambulatory protocol](#)
- Call the Coping with COVID hotline for in-the-moment emotional support: 314-286-1700
- Contact the Employee Assistance Program for 24/7 work-life support: 844-365-4587
- Email inspirational stories to heroes@wustl.edu

For Medical Campus updates, visit coronavirus.med.wustl.edu »

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