

WashU Med COVID-19 Update

May 19, 2020

Information for School of Medicine faculty, staff and students

Today's COVID-19 stats from BJH

68 inpatients confirmed positive **30** admitted, awaiting test results

Reminder: Screening required to enter Medical Campus

Some members of the WUSM research community are returning to their labs tomorrow. To access the campus, everyone must first pass through one of the screening stations. To expedite the screening process, remember to use the [online screening tool](#) before reporting to work. For those who arrive when stations are not open, screening will take place in their work area.



Below is a list of screening stations and hours. Locations and hours may change. Get the most updated information at coronavirus.med.wustl.edu and click Campus Operations.

- **BJC Institute of Health**, 1st floor lobby: M-F, 6 am-6 pm
- **BJH Plaza Tower**, main lobby: daily, 6 am-midnight
- **Center for Advanced Medicine**
 - 1st floor lobby: daily, 6 am-midnight
 - 3rd floor link at Euclid Garage: M-F, 6 am-7 pm
- **Center for Outpatient Health**, 1st floor lobby: M-F, 6:30 am-4 pm
- **Clinical Sciences Research Building**, pedestrian link near WU IT Tech Bar

- M-F, 5:30 am-2:30 pm
- Sa-Su, 5:30 am-12:30 pm
- **Farrell Learning and Teaching Center**, 1st floor: M-F, 6 am-6 pm
- **Laclede Garage**, 4th floor/link: daily, 6 am-midnight
- **McDonnell Medical Sciences Building***, Shell Lobby (McKinley entrance):
M-F, 7 am-5:30 pm
- **McMillan Building**, 1st floor at Euclid entrance: daily, 6:30 am-10:30 am
- **Mid Campus Center**
 - 1st floor lobby: M-F, 6 am-6 pm
 - 2nd floor (Metro & Duncan Taylor garages)
 - M-F, 5:30 am-2:30 pm
 - Sa-Su, 5:30 am-12:30 pm
- **Northwest Tower link** (by FedEx): M-F, 6 am-midnight
- **Parkview Tower**, lobby: daily, 6 am-midnight
- **St. Louis Children's Hospital/Duncan Central Garage link**: M-F, 5:30 am-1:30 pm
- **4444 Forest Park Avenue Building***, 1st floor main lobby: M-F, 7 am-5:30 pm

**These two new stations are opening Wednesday at 10 a.m., then will open at 7 a.m. beginning Thursday.*

Discounted employee parking available

Discounted parking is being offered to WUSM employees (non-permit holders) for \$4 per day in the Clayton Taylor Garage through July 31. Discounted parking validations are available at the Facilities Integrated Service Center (FISC) desk in Olin Residence Hall, 1st floor lobby. The FISC is open 7 a.m. to 7 p.m. Monday to Friday. Parkers must show a valid employee ID to receive the \$4 rate.



As a reminder, if you are currently working second or third shift, you may park in the Clayton Taylor Garage for free from 2 p.m. to 6 a.m. and free all day for staff working on weekends and holidays. Please use your badge to swipe in and out of

the garage (no special access is required).

If you are returning to campus and are interested in reinstating your parking permit, contact the WUSM Transportation and Parking Office at medparking@wustl.edu.

To help adhere to social distancing guidelines, campus shuttle buses are carrying a maximum of 10 people.

Safety training for employees returning to campus

For employees returning to campus and those already working onsite, please complete this required Learn@Work [training module](#) so that you understand the COVID-19 guidelines for safely working on campus. Your health and well-being and that of the School of Medicine community are a top priority.

Mental health services available to WUSM employees — and their kids

As the COVID-19 pandemic continues to impact our lives in unprecedented ways, WUDirect Psychiatry offers a convenient, affordable way for employees to be proactive about mental health. The service gives employees and their dependents — including children and adolescents — expedited access



to psychiatry and psychotherapy services, with a lower co-pay. Sessions are currently provided via telehealth using a HIPAA-compliant version of Zoom, and all medical records are private. “It can be challenging to find a psychiatrist or psychotherapist in the St. Louis community at this time,” said Emily Mukherji, MD, assistant professor of psychiatry. “We are hoping that this will be a valuable service and contribute to our employees’ overall health and well-being.”

Seeking support can benefit the whole family, as parents and children alike adjust to their “new un-normal,” said Max Rosen, MD, chief clinical fellow in child and adolescent psychiatry. Rosen devotes the majority of his time to treating children

and adolescents through WUDirect. “People are often so busy being parents and employees, they’ll let their own mental health go by the wayside,” Rosen said. “But anxiety is contagious. You have to put the oxygen mask on yourself first — show kids it’s OK to have these fears and that there are appropriate ways to cope.”

Wear your mask properly



A cloth face mask or other appropriate PPE is required to enter WUSM and BJC facilities. To put on your mask, first wash your hands before picking it up by the ear loops or ties. The mask must cover your nose and mouth at all times. Avoid touching the outside of the mask with your hands. Do not adjust it throughout the day or pull it down to talk. To take off the mask, repeat the process: Clean your hands first and unfasten the ties or ear loops. Do not touch the front of the mask. Wash your hands again after handling the mask. You should launder cloth masks each day after use.

WashU doctor answers kids’ questions about coronavirus



For many weeks in KSDK evening newscasts, Jason Newland, MD, professor of pediatric infectious diseases, has answered viewers' questions about the coronavirus. [In this recent segment](#), he fields coronavirus questions from students in the Maplewood Richmond Heights School District. Perhaps the most difficult question came from fourth-grader Xavier Barnett: When will it be safe to go back to school?

Important numbers and links

- Call the BJC/WUSM employee hotline for COVID-19 exposure or illness: 314-362-5056
- Use this [online screening tool](#) before reporting to work
- Review [inpatient protocol](#)
- Review [ambulatory protocol](#)
- Call the Coping with COVID hotline for in-the-moment emotional support: 314-286-1700
- Contact the Employee Assistance Program for 24/7 work-life support: 844-365-4587
- Email inspirational stories to heroes@wustl.edu

For Medical Campus updates, visit coronavirus.med.wustl.edu »

To ensure that this newsletter is delivered to your inbox, add updates@wusm.wustl.edu to your

